



# 40<sup>th</sup> Annual Academic Sessions of THE KANDY SOCIETY OF MEDICINE

15<sup>th</sup> - 17<sup>th</sup> February 2018

**"Collaborations for Global Health"**

## Inauguration Ceremony and KSM Oration 2018

Thursday 15<sup>th</sup> February 6:30pm onwards at Amaya Hills, Kandy

Chief Guest

**Hon. Dr. Rajitha Senaratne**

Minister of Health, Nutrition and Indigenous Medicine

## KSM Oration 2018

**"Capacity Building and Innovation in eHealth in Sri Lanka"**

by

**Professor Vajira H. W. Dissanayake** MBBS (Colombo), PhD (Nottingham), FNASL  
Chair Professor of Anatomy and Director Human Genetic Unit, Faculty of Medicine, University of Colombo

## ACADEMIC SESSIONS

16<sup>th</sup> - 17<sup>th</sup> at Plant Genetic Resources Centre, Gannoruwa, Kandy

### Pre-congress Workshop - 15<sup>th</sup> February 2018 at PMCK

#### Migraine Master Class

**Acute Migraine - Basic Principles, Management, Clinical tips, Potential traps**

**Prof. Tissa Wijeratne**

Professor in Neurology (visiting) and CAP in Medicine, Chair - Department of Neurology  
The University of Melbourne and Western Health, Sunshine Hospital, St Albans 3021, Victoria, Australia

**Medication and overuse**

**Dr. Nadie Rathnayake**

Consultant Neurologist, Teaching Hospital, Perdaeniya

**Chronic Migraine**

**Dr. Darshana Sirisena**

Consultant Neurologist, Teaching Hospital, Kurunegala

9.00 am  
-  
1.00 pm

### 16<sup>th</sup> February 2018

#### Bible Memorial Oration 2018

**"Development of Stroke Services in the Setting of Limited Resources; Saving Brains through Advocacy"**

by **Professor Tissa Wijeratne**

MBBS, MD, FAHA (USA), FRSM (UK), FRACP, FAAN (USA), FRCP (Edin), FRCP (London)  
MD FRACP FRCP (Edin) FRCP (London) FAHA FAAN (USA)  
Professor in Neurology (visiting) and CAP in Medicine, Chair - Department of Neurology  
Director - Academic Medicine and International Affairs  
Co-Secretary - Australia and New Zealand Headache Society  
The University of Melbourne and Western Health, Sunshine Hospital, St Albans 3021, Victoria, Australia

8.30 am

9.45 am

#### Morning Tea

#### Symposium 01 - Addiction

**Overview of Addiction**

**Dr. Shayama Arambepola**

Consultant Psychiatrist, Teaching Hospital, Kandy

**Internet Addiction**

**Dr. Rasitha Perera**

Consultant Psychiatrist, Sirimave Bandaranaike Specialised Children Hospital, Peradeniya

**Pharmacological Management of Addiction**

**Dr. Gihan Abeywardena**

Consultant Psychiatrist, Teaching Hospital, Kandy

**Psychological Management of Addiction**

**Dr. Mahen Rajasooriya**

Consultant Psychiatrist and Senior Lecturer, Department of Psychiatry, Faculty of Medicine, University of Colombo

10.00 am

11.30 am

**Guest Lecture 01 - CKDu: A careful Consideration to a Case Definition**

**Dr. Schuchi Anand**

Instructor in Nephrology, Stanford University School of Medicine, USA

**Guest Lecture 02 - Recent Advances in Minimal Access Neuro Surgery**

**Dr. H.V. Madhusudan**

Chief Neurosurgeon and Head of Neurosciences, BGS Gleneagles Global Hospital, Bengaluru, India

12 noon

#### Poster Presentations with Lunch

1.00 pm

#### Oral Presentations

**Guest Lecture 03 - Menopausal Hormone Therapy**

**Dr. M.D.P. Goonarthna**

Founder President of Menopause Society of Sri Lanka and past President of SAFOMS

2.00 pm

**Guest Lecture 04 - Management of End Stage Heart Diseases**

**Dr. Thasee Pillay**

Senior Consultant Cardiac and Cardiopulmonary Transplant Surgeon, Chief of Surgery, Heart and Lung Transplant Advisor, BGS Gleneagles Global Hospital, Bengaluru, India

2.30 pm

#### Symposium 02 - Medical Updates

**Asthma COPD Overlap**

**Dr. Dinesh Dassanayake**

Consultant Respiratory Physician, General Hospital, Nuwara Eliya

**Infective Endocarditis**

**Dr. Thilak Sirisena**

Consultant Cardiologist, Teaching Hospital, Kandy

**Viral Hepatitis**

**Dr. Udaya Kalubowila**

Consultant Gastroenterologist, Teaching Hospital, Kandy

**Rapidly Progressive Glomerular Nephritis**

**Dr. M.W. Wazil**

Consultant Nephrologist, Teaching Hospital, Kandy

4.00 pm

#### Evening Tea

Contact :

KSM Office, Teaching Hospital, Kandy. Tel: 081 2201702  
Dulanjali : 077 9544474 / 071 7624949

### 17<sup>th</sup> February 2018

8.00 am

#### Oral Presentations

**Symposium 03 - Surgery - Pre-operative optimization: Does it matter?**

**An Anaesthetist's Perspective**

**Dr. Saman Karunathilake**

Consultant Anaesthetist, Teaching Hospital, Kandy

**Optimizing Cardiac Function**

**Dr. Ajith Kularathne**

Consultant Physician, Teaching Hospital, Kandy

9.00 am

**Optimizing Respiratory Function**

**Dr. Neraanjan Dissanayake**

Consultant Respiratory Physician, General Hospital, Badulla

**Optimising a patient with diabetes and/or hypertension**

**Dr. Udaya Ralapanawa**

Senior Lecturer in Medicine and Consultant Physician, Department of Medicine, Faculty of Medicine, University of Peradeniya and Teaching Hospital, Peradeniya

**Symposium 04 - Towards 21<sup>st</sup> century patient care - Bio-psycho-neuro-immunological approach**

**The Eye as the Window of the Brain**

**Professor Sheila Gillard Crewther**

Professor of Neuroscience, School of Psychology and Public Health, La Trobe University, Melbourne, Australia

**Physician burn out**

**Professor Tissa Wijeratne**

Professor in Neurology (visiting) and CAP in Medicine, Chair - Department of Neurology  
The University of Melbourne and Western Health, Sunshine Hospital, St Albans 3021, Victoria, Australia

**Emotional intelligence training and its link to quality of care and wellbeing outcomes**

**Dr. Leila Karimi**

Associate Professor, Health Services, Management, School of Psychology and Public Health, La Trobe University, Melbourne, Victoria, Australia

10.30 am

#### Morning Tea

11.00 am

#### Symposium 05 - Symposium on Paediatric updates

**Childhood Arthritis**

**Dr. Jayathri Jagoda**

Consultant Rheumatologist, Lady Ridgeway Childrens' Hospital Colombo

**Down's Syndrome - New Horizons**

**Dr. Pathum Dissanayake**

Senior Lecturer and Consultant Paediatrician, Department of Paediatrics, Faculty of Medicine, University of Peradeniya and Teaching Hospital, Peradeniya

**Management of Childhood epilepsies**

**Dr. Sanjaya Fernando**

Consultant Paediatric Neurologist, Teaching Hospital, Kurunegala

12.30 pm

#### Poster presentations with lunch

1.30 am

#### Guest Lecture 05 - The boundaries which divide life from death

**Dr. Udaya Karunaratne**

Consultant Neuroanesthetist, Teaching Hospital, Kandy

2.15 pm

**Symposium 06 - Multidisciplinary management of oro-facial cleft**

**Introduction and soft tissue management of cleft lip and palate**

**Dr. Parakrama Wijekoon**

Consultant OMF Surgeon, Department of OMF Surgery, Faculty of Dental Sciences, University of Peradeniya

**Role of Orthodontist in management of cleft lip and palate**

**Dr. W.M. Senadeera**

Consultant Orthodontist, National Dental Hospital, Colombo

**Skeletal correction in cleft lip and palate**

**Dr. Manjula Attygalle**

Consultant OMF Surgeon, Department of OMF Surgery, Faculty of Dental Sciences, University of Peradeniya

**Oral rehabilitation in cleft lip and palate**

**Dr. Vajira Jayasinghe**

Consultant in Restorative Dentistry, Department of Prosthetic Dentistry, Faculty of Dental Sciences, University of Peradeniya

**Symposium 07 - Toxicology**

**Preventing deaths from paraquat poisoning**

**Professor Indika Gaurawamana**

Professor in Medicine and Consultant Physician, Department of Medicine, Faculty of Medicine, University of Peradeniya and Teaching Hospital, Peradeniya

**Preventing deaths from pesticide poisoning through public health interventions**

**Dr. Shaluka Jayamanne**

Consultant Physician, Teaching Hospital, Ragama

**Preventing deaths from OP poisoning through improving medical management**

**Prof. Michael Eddleston**

Professor of Clinical Toxicology, Pharmacology, Toxicology and Therapeutics, University of Edinburgh

Director, Centre for Pesticide Suicide Prevention

Honorary Consul for Sri Lanka in Scotland

Consultant Clinical Toxicologist, National Poisons Information Service - Edinburgh and Royal

Infirmery of Edinburgh, NHS Lothian

3.45 pm

#### Evening Tea

### Post-congress Workshop - 18<sup>th</sup> and 19<sup>th</sup> February 2018 at PMCK

9.00 am

#### Conceptualising evaluation designs in the health sector

**Dr. Sundrasgren Naidu**

Director at the Department of Planning, Monitoring and Evaluation, Adjunct Professor, School of Public Administration, University of Fort Hare, Board Member of the South African Evaluation Association

4.00 pm

**Dr. Hamdani Anver**

Ministry of Health, Sri Lanka

**Professor Samath D. Dharmaratne**

Department of Community Medicine, Faculty of Medicine, University of Peradeniya

Registration fees : Consultants Rs. 2,000/=

PG trainees / Grade Medical Officers Rs. 1,000/=